



PROCTOR

Writing & Relaxation Retreat

2024 PROGRAM AT A GLANCE

Tuesday, July 23

6:00 PM DINNER

Wednesday, July 24

7-9:00 AM BREAKFAST

9:00 AM WELCOME & INTRODUCTIONS

10:30 AM CREATIVE WRITING ACTIVITY

12:00 PM LUNCH

1:00 PM GUIDED WRITING ACTIVITY

2:30 PM WRITING COACH SESSION

3:30 PM FREE WRITING SESSION

5:00 PM RELAXATION SESSION

6:00 PM DINNER

7:00 PM STRETCH & SHARING TIME

Thursday, July 25

7-9:00 AM BREAKFAST

9:00 AM CHECK IN &
CREATIVE WRITING ACTIVITY

10:00 AM FREE WRITING SESSION

12:00 PM LUNCH

1:00 PM GUIDED WRITING ACTIVITY

3:00 PM SELF CARE SESSION

4:00 PM BREAK

4:30 PM CONCEPT PAPER MAPPING

6:00 PM DINNER

7:00 PM STRETCH & SHARING TIME

8:00 PM OPTIONAL TRIVIA

Friday, July 26

7-8:30 AM BREAKFAST

8:30 AM CHECK IN &
CREATIVE WRITING ACTIVITY

9:30 AM THE LIFE OF A BOOK, WITH
PRINCETON UNIVERSITY PRESS

10:30 AM FREE WRITING SESSION

12:00 PM LUNCH

1:00 PM WRITING FOR WIDER
AUDIENCES

2:30 PM CLOSING ACTIVITY

