The rapid spread of COVID-19 has changed the ways we connect, we interact, and communicate with one another. The pandemic has, for many of us, drastically altered our routines and has blurred the lines between work and home. As many professionals are working from home for the first time, as parents become full-time teachers and caregivers, and as instructors prepare their courses for a virtual audience, the Samuel DeWitt Proctor Institute for Leadership, Equity, and Justice, would like to offer some tools that may be helpful as you prepare to transition to the new normal in the wake of this global health crisis.

**PARENTS**

- Need Resources for Homeschooling During Coronavirus? Here are 10 Ideas
- Is Your College Student Back Home Due to the Coronavirus? 5 Tips to Ensure Their Happiness and Stability

**PROFESSIONALS**

- Working from Home? 10 Tips for Productivity, Sanity, and Your Health
- Coronavirus Has You at Home a Bit More Than Usual? 10 Creative Ways to Use Your Time

**TEACHERS/PROFESSORS**

- Moving Your Course Online due to the Coronavirus? 10 Tips to Engage Students